



# Glucogone

A proprietary botanical and nutritional formula to support blood sugar balance, enhance insulin sensitivity, and assist with weight control.

- **Banaba leaf extract** (*Lagerstroemia speciosa*), the primary ingredient in *Glucogone*, is native to the Philippines and Southeast Asia where it has been used traditionally to regulate blood sugar levels
- Several clinical studies indicate that it facilitates glucose transport into the cells (reducing blood sugar levels by up to 30%) and increases insulin sensitivity
- Preliminary data further suggest that it assists with weight loss, appetite control, food cravings, blood pressure regulation, kidney function, and prevention of glycation (the toxic bonding of glucose and fructose to protein molecules that accelerates aging), in addition to possessing antioxidant properties
- The dose included here (48 mg, standardized to 1% corosolic acid) is the precise amount shown to be most efficacious in clinical trials
- Vegetarian capsules

Supplement Facts		
Serving Size 3 Capsules • Servings Per Container 30		
Amount Per Serving		% DV
Chromium (chromium polynicotinate)	1 mg	833%
Banaba extract (leaf ) ( <i>Lagerstroemia speciosa</i> , 1% corosolic acid)	48 mg	*
Bilberry extract (fruit) ( <i>Vaccinium myrtillus</i> , 25% anthocyanidins)	120 mg	*
Bitter Melon extract (fruit) ( <i>Momordica charantia</i> , with charantin)	450 mg	*
Cinnamon extract 5:1 (bark) ( <i>Cinnamomum cassia</i> )	225 mg	*
Green Tea extract (leaf) ( <i>Camellia sinensis</i> , 80% polyphenols and 30% EGCG)	150 mg	*
Taurine	500 mg	*
Quercetin	300 mg	*
Vanadium (from 5 mg vanadyl sulfate)	1 mg	*

\* Daily value not established

Other ingredients: cellulose, silicon dioxide and magnesium stearate

## Other Ingredients:

- **Cinnamon extract** increases insulin sensitivity, and functions similarly to insulin in helping to control blood sugar levels; it also promotes the synthesis of glycogen (the storage form of glucose), and may also reduce total cholesterol, LDL and triglycerides
- **Bitter melon** also increases insulin sensitivity, and helps lower blood sugar (up to 25%)
- **Green tea** (standardized to 80% polyphenols and 30% EGCG) is a potent thermogenic agent, in addition to its considerable antioxidant properties
- **Bilberry** is especially effective in supporting peripheral circulation and the health of the eyes, areas particularly at risk in individuals with elevated blood sugars or diabetes
- **Taurine** enhances glucose transport, fat digestion, and immune function, while lowering blood pressure, stabilizing heart rhythm and strengthening the heart muscle
- **Quercetin** is effective at controlling inflammation in the pancreas and elsewhere, and helps inhibit the conversion of glucose to sorbitol, implicated in diabetic neuropathy
- **Vanadium** helps control blood sugar levels and protect the insulin-secreting beta cells of the pancreas, while **Chromium** sensitizes insulin receptors, controls carbohydrate and sugar cravings, helps with weight loss, and lowers cholesterol and triglyceride levels

**Glucogone (90 Capsules)**  
**Item # PMN 117**

*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.*

**Personalized Metabolic Nutrition**  
**(800) 772-0646/ Fax (415) 257-3519 / pmn@meta-typing.com**